

Breakfast foods

Bath, UK - Bath Buns

In Bath, UK, the Bath bun is a popular breakfast choice. This sweet bread roll is typically studded with sugar and currants, making it a delightful morning treat. Often enjoyed with a cup of tea or coffee, Bath buns are a local specialty that visitors and residents alike enjoy, offering a taste of the city's culinary heritage.

Manchester, UK - Full English Breakfast

In Manchester, the Full English Breakfast is a traditional and popular morning meal. This hearty breakfast typically includes eggs, bacon, sausages, baked beans, tomatoes, mushrooms, black pudding, and toast. It's a substantial meal that sets you up for the day, commonly found in cafes and pubs across the city.

Los Angeles, USA - Avocado Toast

In Los Angeles, avocado toast is a trendy and popular breakfast item. Often served on artisanal bread and topped with ingredients like poached eggs, cherry tomatoes, and microgreens, this dish reflects LA's health-conscious and innovative food culture. It's widely available in cafes and brunch spots throughout the city.

Florida, USA - Cuban Breakfast Sandwich

In Florida, particularly in Miami, the Cuban breakfast sandwich is a beloved morning meal. This sandwich typically includes Cuban bread filled with ham, Swiss cheese, pickles, and mustard, sometimes with added fried eggs. It's a tasty and convenient option that reflects the state's rich Cuban heritage.

Michigan, USA - Cherry Pancakes

In Michigan, cherry pancakes are a popular breakfast choice, especially in regions like Traverse City known for their cherry production. These pancakes are often made with fresh or dried cherries and served with a dollop of whipped cream or a drizzle of maple syrup, celebrating the state's abundant cherry harvest.

Colorado, USA - Breakfast Burrito

In Colorado, the breakfast burrito is a favorite morning meal. Typically stuffed with scrambled eggs, potatoes, cheese, and either bacon, sausage, or chorizo, these burritos often come smothered in green chili sauce. They are a hearty and portable option, perfect for the state's outdoor-loving, on-the-go residents.